



LSFHS Behavioral Health ECHO Network

The Peer Workforce Development ECHO Clinic provides professional development for Certified Recovery Peer Specialists (CRPS) new to the field. Although training and certification processes vary by state and organization, SAMHSA's *Core Competencies for Peer Workers in Behavioral Health* (2015) "identifies the critical knowledge, skills and abilities needed by anyone who provides peer support services to people with or in recovery from a mental health or substance use condition." To support and expand upon core competencies, the Peer Workforce Development ECHO offers a bi-monthly, 1.5 hour long ECHO session with an inter-professional team of behavioral health and peer recovery specialists focused on enhancing the skills and abilities of peer specialists to assist peers in the recovery process and connect with other peer specialists new to field work. This clinic includes an opportunity to engage in expert-led didactic presentations, present cases, receive real-time case consultation and recommendations from specialists, and become part of a safe, collaborative learning community of practice.

CRPSs' bring valuable skills to the organizations where they work. Using peer recovery support services reduces:

- the number of admissions and days spent in hospitals,
- use of emergency departments and detoxification centers, and
- the average service costs per person.

Additionally, CRPSs improve social connections and hope, quality of life, and engagement in clinical services.

Learning Outcomes:

- Expand understanding of core competencies and ethical standards associated with certification.
- Increase confidence, knowledge and application of best practices.
- Improve quality of life.
- Acquire specific and practical tools to improve peer support.

Audience:

Certified Recovery Peer Specialists, behavioral health providers, and others are welcome.

Registration Link: <https://lsftraining.coursetorm.com/course/peer-workforce-development-echo/9739d1a235f011edac84123605626135>

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Peer Workforce Development ECHO Clinic Curriculum (24 Hours)

| Tuesdays @ 9:00 AM – 10:30 AM | Sample ECHO Session Topics | Sample Description |
|----------------------------------|--|---|
| October 11, 2022 | 1. Orientation | This session will orient participants on the Zoom technology and ECHO Clinic format, including peer support expectations, session topics, case study template, etc. Session 1 Zoom Registration Link: https://lsfnet-org.zoom.us/j/85925827953?pwd=OUNyVjVUajN2MjV2MnFzcHNzRnAzZz09 |
| October 25, 2022 | 2. Ethical Responsibility and Decision Making in Clinical Practice & The Role of the Certified Recovery Peer Specialist (CRPS) | This session will discuss ethical review challenges, clinical perspectives, and provide a framework for effective, ethical responsibility and decision making for non-clinicians as well as establishing clinical boundaries and non-clinical boundaries. Session 2 Zoom Registration Link: https://lsfnet-org.zoom.us/j/85925827953?pwd=OUNyVjVUajN2MjV2MnFzcHNzRnAzZz09 |
| November 8, 2022 | 3. Consistency is Key I: Collaborative Documentation | This session will discuss best practices in working together with peer providers, clinicians, and peers; discuss documentation requirements; describe essential skills and share tools for collaborative documentation; and, provide strategies in supporting the peer's voice while adhering to the National Ethical Guidelines and Practice Standards. Session 3 Zoom Registration Link: https://lsfnet-org.zoom.us/j/85925827953?pwd=OUNyVjVUajN2MjV2MnFzcHNzRnAzZz09 |
| November 22, 2022 | 4. Consistency is Key II: Successful Peer Support Services Documentation (Medicaid) | This session will learn more about standards of practice and essential skills and tools for proper documentation based upon Medicaid requirements and the type of documentation most often required by the CRPS. Session 4 Zoom Registration Link: https://lsfnet-org.zoom.us/j/85925827953?pwd=OUNyVjVUajN2MjV2MnFzcHNzRnAzZz09 |
| December 6, 2022 | 5. Collaborative Supervision Standards of Success | This session will discuss supervision methods and importance of establishing trust for a collaborative, engaging experience. Session 5 Zoom Registration Link: https://lsfnet-org.zoom.us/j/85925827953?pwd=OUNyVjVUajN2MjV2MnFzcHNzRnAzZz09 |

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| December 20, 2022 | 6. Stigma and Language | This session will establish importance of cultural changes and person-first language to reduce stigma of mental health, OUD, and other SUDs. Session 6 Zoom Registration Link: https://lsfnet-org.zoom.us/meeting/register/tZlvdemupzwiHdTicggQStJMIUHDkyvLWZl |
| January 10, 2023 | 7. Diversity, Equity, & Inclusion in Behavioral Healthcare: Supporting Multicultural Communities | This session will discuss basics of EEO law and rights related to cultural issues and approaches to patient/client management. Best practices in navigating workplace and organizational culture to support the CRPS professional experience. Session 7 Zoom Registration Link: https://lsfnet-org.zoom.us/meeting/register/tZcucOChpzloGdMvkZq-s0K7e-Lkz998wkd7 |
| January 24, 2023 | 8. Neurodiversity: Supporting Peers with Neurological Disabilities | This session will discuss ADA law and rights related to accommodation issues and approaches to patient/client management. Best practices to support peers with neurological challenges including medical disorders, learning disabilities, and other conditions. Session 8 Zoom Registration Link: https://lsfnet-org.zoom.us/meeting/register/tZAkceyqqzwsHNbuVqtHh464sk6ADYL-GZSi |
| February 7, 2023 | 9. Harm Reduction Strategies for Peer Recovery Support | This session will discuss strategies to integrate harm reduction principles in peer services; address resistance to the harm reduction philosophy; and share best practices of effective harm reduction programs. Session 9 Zoom Registration Link: https://lsfnet-org.zoom.us/j/85636189573?pwd=WGpaSVVtNXpiOEIKR3o4UHk1cy9Hdz09 |
| February 21, 2023 | 10. Self-Care and Boundaries | Overview of importance of healthy boundaries and self-care strategies, develop skills to address compassion fatigue as well as shared decision making, including setting goals for therapy with patients/clients. Session 10 Zoom Registration Link: https://lsfnet-org.zoom.us/meeting/register/tZcqdeCsrD4oH9NWaNCCV5fx68FPU54dkmdx |
| March 7, 2023 | 11. Whole-Person Health Coaching: Creative Approaches to Healthy Lifestyles | This session will introduce an overview of a variety of creative therapies for preventative and maintenance patient/client care as well as share the importance of holistic lifestyle, nutritional practices, including tailoring of exercise and the meal plan to the individual. |

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| | | <p>Session 11 Zoom Registration Link: https://lsfnet-org.zoom.us/meeting/register/tZEtce2hpjwuHd1TtSsZ7igMmvh9IQzDn0nY</p> |
| March 21, 2023 | 12. Supporting Friends, Family and Survivors | <p>This session will discuss skill set development to assist in supporting the friends, families, and survivors of patients/clients while representing and respecting the role of primary care providers as well as specific and unmet needs in the treatment including meeting the needs of special populations. Incorporate the recovery community and community resources in treatment.</p> <p>Session 12 Zoom Registration Link: https://lsfnet-org.zoom.us/meeting/register/tZUoduCqzwtGNJ4uj6rSn6gW1Dau7zgZuRc</p> |
| April 4, 2023 | 13. Advocacy Skills for Self and Others in the Workplace | <p>This session will provide an overview of how to engage in self-advocacy and advocating for peer services. Best practices will be shared in initiating constructive conversations to establish trust and understanding with co-workers and staff within the working environment to reduce role drift, increase confidence, self-efficacy, and personal agency.</p> <p>Session 13 Zoom Registration Link: https://lsfnet-org.zoom.us/meeting/register/tZcqceuopzgiGdJOiOuwX1_Vx-nBUmR0cy3p</p> |
| April 18, 2023 | 14. CPRS Continuing Education: Enhancing Peer Workforce Development Skills | <p>This session will focus on requirements, managing continuing education, and CPRS resources and opportunities.</p> <p>Session 14 Zoom Registration Link: https://lsfnet-org.zoom.us/meeting/register/tZAvd-urqz4tE9F5NTjnTn13XmxAll_G99O9</p> |
| May 9, 2023 | 15. Service Navigation & Access to Community Resources | <p>This session will discuss issues surrounding service navigation and effective strategies for access to community resources.</p> <p>Session 15 Zoom Registration Link: https://lsfnet-org.zoom.us/meeting/register/tZAvd-igqzgvHdFfopCloQtBd_PVVpxnJ1z4</p> |
| May 23, 2023 | 16. Peer-spectives: Lived Experiences, Workplace Transitions, & Workforce Support | <p>This session addresses the Great Resignation and peer discussion on challenges, support in workplace transitions, building relationships, and success stories.</p> <p>Session 16 Zoom Registration Link: https://lsfnet-org.zoom.us/meeting/register/tZYpdO2hpz0iHtwFNVBPzCBEh43crgUsMWFx</p> |

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*Adapted from Florida Department of Children & Families' [Florida Peer Services Handbook](#), [SAMHSA Core Competencies](#), [Opioid Resource Network](#) and [Peer Center of Excellence](#)

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