

# Cognitive Behavioral Therapy for Suicide Prevention (CBT-SP) Training Agenda: 4/9/2024

With Dr. Lindsay Bornheimer

9:00-9:15AM

Registration, Sign-in & Welcome

9:15-9:20AM

Announcements & Presenter Introduction

9:20-9:30AM

Pre-test Quiz

9:30-9:40AM

Discussion of the problem of suicide

Overview of Training Agenda

Public health problem of suicide

9:40-10:30AM

Prevention-focused interventions: CBT

Brief overview of CBT

Introduction to CBT for Suicide Prevention

10:30-10:40AM

10 Minute Break



10:40-12:40AM

Early phase of treatment

Sessions 1-4

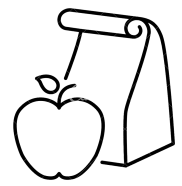
Practicing skills with a clinical case

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12:40-1:30PM

Lunch Break



1:30-3:00PM

Middle phase of treatment

Sessions 5-7

Practicing skills with a clinical case

3:00-3:10PM

10 Minute Break



3:10-4:25PM

Late phase of treatment

Sessions 8-10

Practicing skills with a clinical case

Challenges in practice

4:25-4:30PM

Final Questions and Course Summary

4:30-4:45PM

Course Wrap-Up

Post-Test Quiz

Course Evaluation/Sign-Out